



Editorial

How Bangladesh will become Covid free

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The hot water you drink is good for your throat. But this corona virus is hidden behind the paranasal air sinuses of your nose for 3 to 4 days. The hot water we drink does not reach there. After 4 to 5 days this virus that was hidden behind the paranasal sinus reaches your lungs. Then you have trouble in breathing. That's why it is very important to take steam which reaches the back of your paranasal sinuses. You have to kill this virus in the nose with steam. At 50°C this virus becomes disabled i.e., paralyzed. At 60°C this virus becomes so weak that any human immune system can fight against it. At 70°C this virus dies completely. This is what steam does. The entire public health department knows this. But everyone wants to take advantage of this pandemic. Probably for this reason they don't share this information openly. One who stays at home should take steam once a day. If you go to the market to buy vegetables take it twice a day. Anyone who meets some people or goes to office should take steam 3 times a day. If all the people start a steam drive campaign for a week, the pandemic will soon end. So here is a suggestion: Start the process for a week from morning and evening, for just 5 minutes each time, to inhale steam. If we all adopt this practice for a week the deadly Covid-19 will be erased. This practice has no side effect either.

To face Covid-19 government dependency upon administration, bureaucracy & businessman have created a great crisis. Foreign invaders by air and other route have not screened & not kept in quarantine for which the endemicity enhanced. Death of more than 100 physicians, infection of large number of doctors, corruption in Personal Protective Equipment (PPE) & mask collection, absence of treatment trials in hospitals, oxygen insufficiency in hospital, scarcity and price hiking of medicine, no arrangement of treatment in corporate & private hospitals raised a devastating condition among the mass people. Holiday in exchange of lock down produced more devastation. Breakdown of holiday in garment sector increased the attack and death rate. Limitations of covid testing created a massive fear among the people. Internationally one fact is established that Covid-19 will survive for a long period. But ultimately for the maintenance of health rules & enhancement of body immunity the incidence and number of attacks are reduced to some extent.

But the great matter of hope is that scientists of whole world invented vaccine to prevent Covid-19. Pfizer-BioNTech vaccine, vaccine of Moderna, Oxford-AstraZeneca vaccine, Russian Sputnik-V vaccine, Chinese Sinovac Biotech vaccine are collected by the government of different countries for the great safety of their people. Government of Bangladesh have made one agreement with Indian Serum Institute to purchase 3 crores dose of vaccine for which government is spending one thousand five hundred & eighty-nine crores forty-three lacs taka. Here also government has made another mistake such as in the agreement they have engaged a business mediator for which the vaccine which have the cost of 2 dollar, government have to purchase it by 5 dollar and the list of people have not yet produced who will get the vaccine. How the vaccine will reach to the needy people, the clear process not yet published, for which people are in doubt whether they will get the vaccine in time or not. Government have fixed up priorities for vaccine distribution which is also not yet clear to the community people. On last 5th January 2021 government of Bangladesh permitted Globe Biotech, a local company to produce vaccine. Oxford-AstraZeneca was getting financial & technological help and a condition that they will sell it without profit. But in our country the bureaucracy and businessman made it a profit concern.

Many people could not complete their registration as registration procedure is very complex one. In the rural area internet & other related facilities are poor for which registration is very tough in those places. Easy availability of vaccine should be ensured by the government. Public health experts are saying that people should get vaccine showing NID. From 27th January to 4th February only one lac eighty-six thousand registered for vaccination as reported by MIS of DG Health. How much registered in what district they could not specify. But by this time 50 lacs vaccines reached in Bangladesh from India through Beximco Pharma. Indian government presented 20 lacs vaccine to Bangladesh. In 3rd February the invention & distribution initiative of Covax prepared a plan of distribution of vaccine. There they said in the first 3 months of 2021 they can supply vaccine in a limited amount among the member countries. What country will get how much vaccine they already enlisted it. From there it is

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informed that Bangladesh will get 1 crore 27 lac 92 doses of Oxford-AstraZeneca vaccine.

Observing all these situation government took the step of planning change. 70 lacs vaccines are there in the storage of government. Previously there was a decision to vaccinate 60 lacs people. But now they decided to vaccinate 35 lacs people. There was a decision to give second dose after 4 weeks of first dose. But now it is decided to give it after 8 weeks of first dose. One spokesman in this response said we certainly want to ensure the completion of vaccination of 35 lacs community people. Then after giving 70 lacs vaccine, we will vaccinate people accordingly. Director General of Health Professor ABM Khurshid Alam said after reception of 2nd challan we will vaccinate as per previous planning. But if we cannot continue the supply chain then there will be a total management failure. There is no controversy about supply from Serum Institute of India said by Managing Director of Beximco. He said another 50 lacs vaccine will come within 21st to 25th February 2021 in second schedule, & we are to inform Serum Institute that we are ready to receive it. So, if supply of vaccine is ensured and registration becomes easy, vaccination will be completed within 2021 and then we will be able to say Bangladesh is Covid free.

On 3rd November 2021 BBC news said Covid antibodies last at least six months in most. Covid UK deaths rise by 1449 as 16840 new cases reported-ITV news. South African Covid variant entering but borders were not closed earlier. More than 40 Corona virus mutations identified in Bristol and Liverpool. Covid-19 study showing Oxford vaccine slows virus spread. Oxford-AstraZeneca vaccine could lead to a 'substantial' fall in the spread of Covid, scientist report-I News. At least 230 NHS workers have died during the pandemic-ITV news.

Some of those most at risk are still not on the Covid vaccine priority list-The Guardian. Some Government insiders reportedly believe that all British adults may get a vaccine dose by the start of May. More than 10 million doses of Corona virus vaccine have now been administered in the UK with the jab likely to be rolled out to more age groups in the near future. The vaccine roll-out is now averaging 400,000 doses a day, raising the possibility that all British adults may get a first dose as soon as May 2021, if the NHS gets enough supplies to accelerate the programme further. China and USA are the only other countries to have passed the 10 million marks.

Health Minister of Bangladesh Jahid Malek said, to combat coronavirus application of vaccine is the main source. Previous history also indicates that plague & polio endemicity have gone from the world through vaccination. On 2nd February 2021 in a function arranged in Hotel Radisson Jahid Malek said few false ideas has been developing about vaccine for which community people are afraid of it. But this fear is reducing slowly. Because the vaccine applied to the people of first two days have not yet developed any side effects. But all the vaccines in the world showed few side effects. By no means anyone should refrain from vaccination, because it will make a big late to make our country Covid free. Apps like 'Surokkha' has been opened for the registration of people who wants vaccination. Health Minister said to Bangla Tribune that so many are there who are not capable of registration through that Apps but special arrangement will be done for them on the spot of vaccination. He said registration is important but to vaccinate people is more important than that. Registration can also be done after vaccination which will be entered in the Database if he or she fill up the form with signature in the vaccination centre.